

Sydney Schneider, B.S.
Curriculum Vitae
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EDUCATION

2022 B.S. in Psychology, Minnesota State University Mankato - *Magna Cum Laude*
Minor: Biology, Health Science

ACADEMIC HONORS

2018; 2020-2022 *College of Social and Behavioral Sciences Dean's List*, Minnesota State University Mankato

PUBLISHED WORK

1. **Schneider, S.**, Rerick, P.O., Cummings, C., McLean, E., Breen, L., Singer, J. (2023). Relationship Between Pandemic Grief Risk Factors and Prolonged Grief Disorder in Bereaved Sample During COVID-19. *Palliative and Supportive Care*.
2. Singer, J., Daum, C., Evans, A.E., **Schneider, S.**, Vugrin, M., Loggers, E.T. (2023). An Examination and Proposed Theoretical Model of Risk and Protective Factors for Bereavement Outcomes for Family Members of Individuals who Engaged in Medical Aid in Dying: A Systematic Review. *Palliative Medicine*.

CONFERENCE PRESENTATIONS (PUBLISHED ABSTRACTS)

1. **Schneider, S.**, Dorn, E., & Anderson, C. (2022, April). COVID-19 Effects on Assisted Living Residents During Quarantine. [Conference Poster]. Undergraduate Research Symposium at Minnesota State University Mankato. Mankato, MN, USA.
3. Eckert, L., Primmer, P., Weinberger, H., Nam, G., Ristau, K., & **Schneider, S.** (2022, April). The Influence of COVID-19 on College Students' Anxiety. [Conference Poster]. Midwestern Psychological Association. Chicago, IL, USA.
4. **Schneider, S.**, Rerick, P.O., Cummings, C., McLean, E., Breen, L., & Singer, J. (2022, November). Evaluating if Pandemic Grief Risk Factors Significantly Predict Prolonged Grief Disorder in a Sample of Bereaved Individuals During COVID-19. [Conference Poster]. Association for Behavioral and Cognitive Therapies. New York City, NY, USA.
5. **Schneider, S.**, Singer, J., Fadalla, C., Elliott, E., Rerick, P., McLean, E., Tello, M., Molinar-Lopez, V., & Neugebauer, V. (2023, May). Potential Neurocognitive Disparities between Foreign and Native-Born Rural Hispanic Communities: A Project Frontier Study. [Conference Poster]. Center of Excellence for Translational Neuroscience and Therapeutics Translational Neuroscience Symposium, Lubbock, TX, USA.

RESEARCH EXPERIENCE

- 08/2022-Present *Research Coordinator/Lab Manager*
Grief and Responses to Illness into Late Life (GRILL) Lab
Principal Investigator: Jonathan Singer, PhD
Responsibilities: Managing multidisciplinary research teams; Mentoring undergraduates; Managing surveys in Qualtrics and Redcap; Data collection and entry; Writing and editing manuscripts; Submitting IRB applications; Submitting manuscripts for publication; Editing and conducting literature reviews for grants; Providing respite care for family caregivers of persons with dementia; Enrolling patients with terminal cancer and their caregivers in research studies.
- 08/2022-Present *Research Assistant*
Examining Coping and Pre-Death Grief with Patients with Sarcoma and their Caregivers
Texas Tech University; Fred Hutchinson Cancer Research Center
Collaborators: Elizabeth Loggers, MD; Jonathan Singer, PhD
Responsibilities: Examining how to identify patients and caregivers who are at greatest risk of later poor mental health and health-related outcomes early in the sarcoma experience. Some duties include obtaining separate informed consent and recruiting patients and their caregivers to the study. Also, sending out follow up assessments and ecological momentary assessments.
- 06/2021-05/2022 *Undergraduate Research Assistant*
Examining Effects of COVID-19 on Assisted Living Residents
Mentor: Jeffery Buchanan, PhD
Responsibilities: Completed literature reviews, completed IRB application, designed qualitative interview items, conducted in-person qualitative interviews, transcribed data, analyzed qualitative data using thematic analysis, created poster presentation.

CLINICAL EXPERIENCE

- August 2021 Winnebago Mental Health Institute, Oshkosh, WI
(Supervisors: Lisa Helbling, Valerie Stannard)
- Observed multiple individual Dialectical Behavior Therapy sessions with patients in the long-term forensic unit and the civil admissions unit under supervision of Lisa Helbling
 - Observed individual and group therapy sessions in the Youth Services Unit under supervision of Valerie Stannard

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS

- Association for Behavioral and Cognitive Therapies – Student Member
- Honor Societies:
- Psi Chi – Student Member

RESEARCH SKILLS

- Literature reviews; Transcribing and analyzing qualitative interviews; Creating surveys; Data management in Redcap and Qualtrics; Data collection and entry; Data analysis in R Studio; Writing and editing manuscripts; Submitting IRB; Submitting manuscripts for publication; Working and managing grants; Providing respite care for persons with dementia; Enrolling patients with terminal cancer and their caregivers in research studies

RELEVANT EMPLOYMENT

07/2019- 08/2022 **Therapeutic Recreation Assistant**, Laurels Edge Assisted Living
Memory Care (Laurels Street), Mankato, MN

- Spent abundance of time with residents experiencing cognitive decline and multiple types of dementias (AD/ADRD) in our memory care facility
- Led group activities and performed one-on-one activities with both assisted living and memory care residents
- Planned and budgeted all monthly activities for both assisted living and memory care residents
- Helped engage with residents to improve quality of life during the facility's quarantine caused by the COVID-19 Pandemic